PRAY WITH US!

PRAYING FOR SPIRITUAL ARMOR

By Reed Hermstad

People have asked me for the prayer I pray daily to put on the Spiritual Armor of God. This is that prayer.

Father, I thank You for the **Helmet of Salvation**. Guard my mind and thoughts—what I take in and what I release. Help me move in unity with Your will and train me to think Your thoughts.

I pray for the **Breastplate of Righteousness**. Protect every part of me—physical, mental, spiritual, and emotional. Keep it firmly in place so I can stand against the enemy.

I ask for the **Belt of Truth**. Help me gird it around my waist. Help me view everything through the truth of Your Word, Father. I pray that I would frame everything in life through the view of Your belt of truth.

Give me the **Shoes of the Gospel**. Help me walk in peace and faith, carrying Your Word to others. Bring others to me, send me to them, and give me discernment in what to say.

Father, I pray for the **Shield of Faith**. Cover me fully with faith, from my chin to my toes with your shield. Strap it securely to my arm, give me a firm grip, and place your cross on the front. Teach me to use it both defensively and offensively.

Thank you for the **Sword of the Spirit**, the Word of God—the only tangible piece of the armor. Help me study it, know it, and spar with it. Make me ready to teach it and help me live it.

Thank you for the Holy Spirit, who guides and strengthens me. Move me forward as I rely on You alone and embrace the **Armor of God**.

How to Start a *Cords of Three* Prayer Ministry

Step 1 – Commit yourself to God as His servant to begin this new prayer ministry. Ask Him to help you identify one or two (max.) other believers and invite them to join you each week for a 10-15 minute phone prayer meeting. Don't expect everyone to say "yes."

Write the names below of those you are going to invite to join you.

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Step 2 – Organize an initial phone meeting to decide on the logistics (day, time, who will initiate the call, etc.). Put it on your calendar and don't let anything supplant it.

Step 3 – Resolve to begin on a specific date and to be committed to the Lord, to each other, and the weekly prayer meeting.

Step 4 – Deploy. Get started. It may seem a bit awkward at first, but your *Cords of Three* prayer ministry will quickly become a powerful spiritual influence in your life and the lives of those you meet with each week.

Lamplighters™ International
Engaged. Equipped.

PRAYER JOURNAL

NOVEMBER 2026

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Check the box after you have prayed each day to help build a more consistent prayer life. Pray a verse a day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 ☐ • **25th Anniversary** of Lamplighters Nov. 5th and Jan. 11th **1 Corinthians 2:16**	3 ☐ • Pastors and Churches • Return of America to the Bible **Matthew 4:1, 3-4**	4 ☐ • Coach's Ministry • Bible study participants • More laborers **Hebrews 4:12**	5 ☐ • John's writing of Simple Evangelism and Matthew • Bible study leaders **Ephesians 6:14**	6 ☐ • Pray for laborers • Salvation of the lost • Spread the Word of God **Ephesians 6:15**
9 ☐ • Financial provisions • Raise up laborers • National expansion **Ephesians 6:16**	10 ☐ • **25th Anniversary** of Lamplighters Jan. 11th **Ephesians 6:17**	11 ☐ • Rich Bible studies • Sanctification of believers • New Bible study leaders **Ephesians 6:18**	12 ☐ • Engage America in Bible studies • Church leaders **James 5:16**	13 ☐ • Priesthood of all believers • Discipleship Training for groups and individuals **Luke 18:1**
16 ☐ • God be glorified in America • Government uphold righteousness **1 Corinthians 10:13**	17 ☐ • Salvation of the lost • Fellowship of believers • Truthful societies **Hebrews 12:2**	18 ☐ • One-hour effective Bible studies • Growth of participants **John 5:30**	19 ☐ • John's writing of Simple Evangelism and Matthew • Bible study leaders **Revelation 12:10**	20 ☐ • Strategic Renewal • Ministry of prayer • Cords of Three groups **Hebrews 7:25**
23 ☐ • **25th Anniversary** of Lamplighters Jan. 11th **John 8:44**	24 ☐ • Ministry Expansion • Multiply present studies • Train new leaders **Ephesians 6:11**	25 ☐ • Financial provision for this ministry • Church revival in America • Learn the Word of God **Colossians 2:13-15**	26 ☐ • Pray without ceasing • Government leaders • Raise up young people **1 John 3:8**	27 ☐ • May God be worshipped • US Congress • Bible study participants **Romans 8:37-39**
30 ☐ • Give thanks always! • Restore America righteous states in USA **Colossians 1:13-14**	☐	☐	☐	☐

Pray this month to put on the **Spiritual Armor of God.**

PRAY SCRIPTURES

Begin by thinking about the meaning of each keyword in that verse. How does it affect the meaning of that verse?

"For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ."

— 2 Corinthians 10:3-5 (NIV)

"The only enduring motive for prayer is that God is worthy to be sought." – Daniel Henderson, Strategic Renewal

Contact Joline Stewart for additional prayer resources: 952-294-0822 | LamplightersUSA.org

PRAYER LIST

Personal:

FAMILY & FRIENDS
NEIGHBORS & ASSOCIATES
GOVERNMENT & LEADERS

Spiritual:

LABORERS
SOULS SAVED
BIBLE STUDY GROUP
GREATER —
Godliness • Growth
Commitment • Faithfulness

Add Your Own:

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