

What is Worship-Based Prayer?

From: *21 Days of Transforming Prayer*
by Daniel Henderson

Worship is the response of all we are to the revelation of all God is. J. Oswald Sanders describes worship as “the loving ascription of praise to God for what He is, both in Himself and in His ways. It is the bowing of the innermost spirit in deep humility and reverence before Him.”

“Worship-based prayer” seeks the face of God before the hand of God. God’s face is the essence of who He is. God’s hand is the blessing of what He does. God’s face represents His person and presence. God’s hand expresses His provision for needs in our lives. If we seek His face, He will be glad to open His hand and satisfy the deepest desires of our hearts.

This approach to prayer always begins with a focus on Biblical, Spirit-empowered worship. Christ taught a worship-based approach to prayer. It is modeled by many Biblical personalities. It is fueled by Scriptural truth in every case. Worship-based prayer ignites a desire for spiritual intimacy and personal transformation. In this discovery, a Christian is then empowered and enlightened to pray about issues and needs in a whole new way.

Too many times, we become preoccupied with the tools, techniques, and even the finer points of theology when it comes to prayer. All of these are helpful, but prayer is not so much an issue of fine-tuning the regiments but of enjoying the relationship. It is not so much about fixing all the peripheral issues of our lives through prayer but allowing God to change us through prayer. When we get things right on the inside, by His transforming grace, so many other things seem to line up and make sense.

How to Start a *Cords of Three* Prayer Ministry

Step 1 – Commit yourself to God as His servant to begin this new prayer ministry. Ask Him to help you identify one or two (max.) other believers and invite them to join you each week for a 10-15 minute phone prayer meeting. Don’t expect everyone to say “yes.”

Write the names below of those you are going to invite to join you.

Step 2 – Organize an initial phone meeting to decide on the logistics (day, time, who will initiate the call, etc.). Put it on your calendar and don’t let anything supplant it.

Step 3 – Resolve to begin on a specific date and to be committed to the Lord, to each other, and the weekly prayer meeting.

Step 4 – Deploy. Get started. It may seem a bit awkward at first, but your *Cords of Three* prayer ministry will quickly become a powerful spiritual influence in your life and the lives of those you meet with each week.



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