The Chiropractor of My Soul

By Joline Stewart

"The sleep of a laborer is sweet ..." but waking up to head traffic and heartache is not. How good then to meet with the great chiropractor of my soul who is able to adjust my every feeling and thought. He brings them into alignment with His truth, giving me His peace and rest.

Our meeting place is always at His Word. I bring my burden before Him in obedience because His Word says to cast all my anxiety on Him, because He cares for me (1 Peter 5:7). I come believing that He is with me and will hear me. "He who comes to God must believe that He is" (Hebrews 11:6).

He promises, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27). As I pray over this verse it becomes evident that God is giving me His peace. God's peace is different than man's peace which might be no more than the absence of conflict. What is God's peace like? His peace is the peace of one who has all power, and all knowledge, to do all things, at any moment ... with ease. Why would He not be at peace? Whereas I am troubled because I have unsolvable issues, unknowns, and obstacles.

He reminds me He will be with me all day for He will never leave me, not for a moment. We enter into a sweet agreement where all day long He will remain with me, even in me. My part is to trust each concern to Him as it arises. Together we will navigate the day! "You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" (Isaiah 26:3).

How to Start a Cords of Three Prayer Ministry

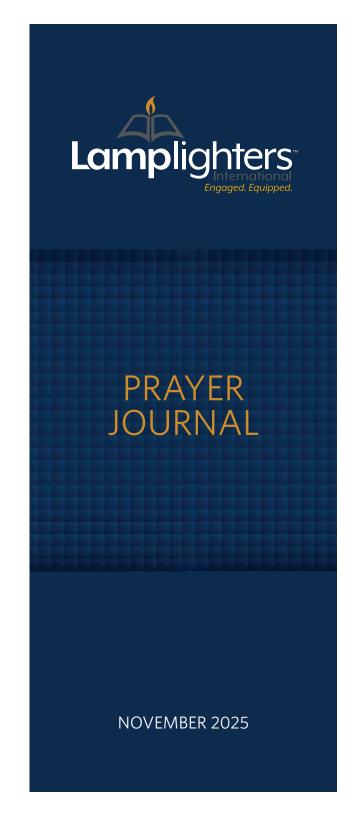
Step 1 - Commit yourself to God as His servant to begin this new prayer ministry. Ask Him to help you identify one or two (max.) other believers and invite them to join you each week for a 10-15 minute phone prayer meeting. Don't expect everyone to say "yes."

Write the names below of those you are going to invite to join you.

Step 2 - Organize an initial phone meeting to decide on the logistics (day, time, who will initiate the call, etc.). Put it on your calendar and don't let anything supplant it.

Step 3 - Resolve to begin on a specific date and to be committed to the Lord, to each other, and the weekly prayer meeting.

Step 4 - Deploy. Get started. It may seem a bit awkward at first, but your *Cords of Three* prayer ministry will quickly become a powerful spiritual influence in your life and the lives of those you meet with each week.



NOVEMBER 2025

Check the box after you have prayed each day to help build a more consistent prayer life. Pray a verse a day!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
New location for Lamplighters office Jude 20	Discipleship Training/ More laborers Ephesians 6:18	John Stewart's writing/ Believing believers Luke 11:1	6 Men's Ministry/ Spiritual impact/ Outreach & growth John 14:16-17	Cords of 3/ Personal prayer Romans 8:26-27
New location for Lamplighters office Romans 8:28	11 Discipleship Training/ More laborers Romans 12:1-2	New resource development/ Courageous believers Mark 11:24	Women's Ministry/ Spiritual impact/ Outreach & growth Romans 10:17	New location for Lamplighters office John 14:13-14
LI leaders & groups/ Pastors & churches, LI staff & volunteers Hebrews 10:19	Discipleship Training/ More laborers 1 John 5:14-15	John Stewart's writing/ Faithful believers James 1:5	Youth Ministry/ Spiritual impact/ Outreach & growth 1 John 3:22	New location for Lamplighters office Psalm 145:18
LI leaders & groups/ Pastors & churches, Government leaders Acts 12:5	Discipleship Training/ More laborers Luke 22:44	New resource development/ Fruitful believers Hebrews 5:7	Greater gratitude/ Evangelism/ Families Acts 13:2-3	Cords of 3/ Personal prayer Acts 14:23

PRAY SCRIPTURES

Begin by thinking about the meaning of each keyword in that verse. How does it affect the meaning of that verse?

"Truly, truly I say to you, the one who believes in Me, the works that I do he will do also; and greater works than these he will do; because I am going to the Father. And whatever you ask in My name, this I will do, so that the Father may be glorified in the Son. If you ask Me anything in My name, I will do it. If you love Me, you will keep My commandments."

- John 14:12-15

"The only enduring motive for prayer is that God is worthy to be sought." - Daniel Henderson, Strategic Renewal

Contact Joline Stewart for additional prayer resources: 952-294-0822 | Lamplighters USA.org

PRAYER LIST

Personal:

FAMILY & FRIENDS
NEIGHBORS & ASSOCIATES
GOVERNMENT & LEADERS

Spiritual:

LABORERS
SOULS SAVED
BIBLE STUDY GROUP
GREATER —
Godliness • Growth
Commitment • Faithfulnes

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