

The Chiropractor of My Soul

By Joline Stewart

"The sleep of a laborer is sweet ..." but waking up to head traffic and heartache is not. How good then to meet with the great chiropractor of my soul who is able to adjust my every feeling and thought. He brings them into alignment with His truth, giving me His peace and rest.

Our meeting place is always at His Word. I bring my burden before Him in obedience because His Word says to cast all my anxiety on Him, because He cares for me (*1 Peter 5:7*). I come believing that He is with me and will hear me. "He who comes to God must believe that He is" (*Hebrews 11:6*).

He promises, "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (*John 14:27*). As I pray over this verse it becomes evident that God is giving me His peace. God's peace is different than man's peace which might be no more than the absence of conflict. What is God's peace like? His peace is the peace of one who has all power, and all knowledge, to do all things, at any moment ... with ease. Why would He not be at peace? Whereas I am troubled because I have unsolvable issues, unknowns, and obstacles.

He reminds me He will be with me all day for He will never leave me, not for a moment. We enter into a sweet agreement where all day long He will remain with me, even in me. My part is to trust each concern to Him as it arises. Together we will navigate the day! "You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!" (*Isaiah 26:3*).

How to Start a *Cords of Three* Prayer Ministry

Step 1 - Commit yourself to God as His servant to begin this new prayer ministry. Ask Him to help you identify one or two (max.) other believers and invite them to join you each week for a 10-15 minute phone prayer meeting. Don't expect everyone to say "yes."

Write the names below of those you are going to invite to join you.

Step 2 - Organize an initial phone meeting to decide on the logistics (day, time, who will initiate the call, etc.). Put it on your calendar and don't let anything supplant it.

Step 3 - Resolve to begin on a specific date and to be committed to the Lord, to each other, and the weekly prayer meeting.

Step 4 - Deploy. Get started. It may seem a bit awkward at first, but your *Cords of Three* prayer ministry will quickly become a powerful spiritual influence in your life and the lives of those you meet with each week.



PRAYER JOURNAL

NOVEMBER 2025

