Praying in the Spirit

Based on *How to Pray*, by R.A. Torrey, by Joline Stewart

The whole secret of prayer can be found in three words, "in the Spirit." The Father answers the prayer that the Holy Spirit inspires, as it is prayed through the heart and soul of the child of God. This is a picture of the Father, the Holy Spirit, and the believer acting in oneness.

The Bible says to pray in the Spirit, "praying always with all prayer and supplication in the Spirit" (Eph. 6:18). Again, "praying in the Holy Spirit" (Jude 20). And "I will pray with the spirit, and I will also pray with the understanding" (1 Cor. 14:15).

When the disciples asked Jesus to teach them to pray, He gave them an example in the Lord's Prayer. But, in John 14:16-17, He referred to the source of prayer within them when He said, "I will [ask] the Father, and he shall give you another Comforter, that he may abide with you for ever; even the Spirit of truth." The Apostle Paul also told us, "the Spirit also helps our weakness" (Rom. 8:26).

Are you hindered from praying by the incapacitating honesty that you don't know how to pray or what to pray? Good! But why would that be good? God has so designed prayer that we should always come to Him in complete dependence. Learn to embrace this God-given impotence as the place of greatest blessing.

To begin, come into God's presence and be silent. Secondly, open the Bible and acknowledge the Holy Spirit as your teacher. Next, wait in faith. Surrender yourself to Him according to Romans 12:1, "offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship."

How to Start a Cords of Three Prayer Ministry

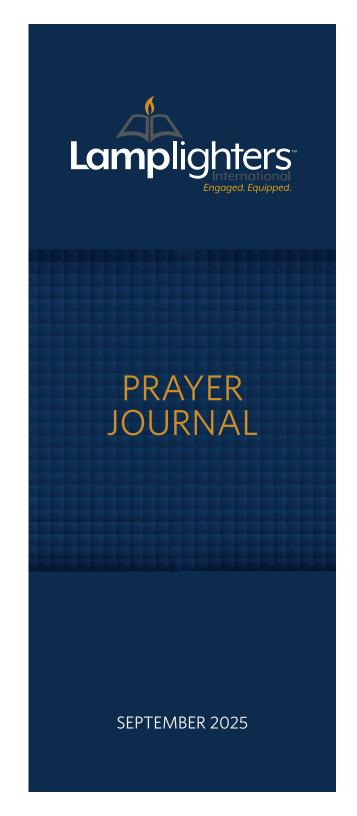
Step 1 - Commit yourself to God as His servant to begin this new prayer ministry. Ask Him to help you identify one or two (max.) other believers and invite them to join you each week for a 10-15 minute phone prayer meeting. Don't expect everyone to say "yes."

Write the names below of those you are going to invite to join you.

Step 2 - Organize an initial phone meeting to decide on the logistics (day, time, who will initiate the call, etc.). Put it on your calendar and don't let anything supplant it.

Step 3 - Resolve to begin on a specific date and to be committed to the Lord, to each other, and the weekly prayer meeting.

Step 4 - Deploy. Get started. It may seem a bit awkward at first, but your *Cords of Three* prayer ministry will quickly become a powerful spiritual influence in your life and the lives of those you meet with each week.



SEPTEMBER 2025 Check the box after you have prayed each day to help build a more consistent prayer life. Pray a verse a day! MONDAY WEDNESDAY **THURSDAY FRIDAY** 2 3 5 LI leaders & groups/ Discipleship John Stewart's Men's Ministry/ Cords of 3/ Pastors & churches, Training/ writing/ Spiritual impact/ Personal prayer Psalm 85:6 LI staff & volunteers More laborers Believing believers Outreach & growth Acts 1:14 Acts 2:4 Acts 2:41-42 Acts 2:47 Discipleship Women's Ministry/ Cords of 3/ LI leaders & groups/ New resource Pastors & churches. Spiritual impact/ Training/ development/ Personal praver Government leaders More laborers Courageous believers Outreach & growth Luke 9:21-22 Psalm 119:126 Mark 1:35-38 Luke 6:12-13 Luke 9:18 15 16 19 LI leaders & groups/ Discipleship John Stewart's Youth Ministry/ Cords of 3/ Pastors & churches, Training/ writing/ Spiritual impact/ Personal prayer LI staff & volunteers Faithful believers Outreach & growth Mark 3:20 More laborers Luke 3:21-22 Luke 22:39-46 Matthew 14:23 John 6:15 22 23 24 25 26 LI leaders & groups/ Discipleship Greater gratitude/ Cords of 3/ New resource Pastors & churches. Training/ development/ Evangelism/ Personal prayer Government leaders More laborers Fruitful believers **Families** James 1:5-7 Mark 6:31-33 Matthew 26:36 1 Thessalonians 5:17 Ephesians 6:18 29 30 Gospel proclaimed/ Discipleship 'Simple Evangelism' Training/ course/SR prayer class More laborers

PRAY SCRIPTURES

Daniel 9:3

Romans 15:30

Begin by thinking about the meaning of each keyword in that verse. How does it affect the meaning of that verse?

"For the LORD gives wisdom; from his mouth come knowledge and understanding. He holds success in store for the upright, he is a shield to those whose walk is blameless." - Proverbs 2:6-7

"Let the beloved of the LORD rest secure in him, for he shields him all day long, and the one the LORD loves rests between his shoulders." - Deuteronomy 33:12

"The only enduring motive for prayer is that God is worthy to be sought." - Daniel Henderson, Strategic Renewal

Contact Joline Stewart for additional prayer resources: 952-294-0822 | Lamplighters USA.org

PRAYER LIST

Personal:

FAMILY & FRIENDS
NEIGHBORS & ASSOCIATES
GOVERNMENT & LEADERS

Spiritual:

LABORERS
SOULS SAVED
BIBLE STUDY GROUP
GREATER —
Godliness • Growth

Commitment • Faithfulness						
Add Your Own:						