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Introduction to Intentional Discipleship Bible Study (IDBS)

*Then Jesus said to them, "Follow Me,
and I will make you become fishers of men."*

Mark 1:17

What you will learn:

- How Intentional Discipleship solves the ten "Fear Factors" that prevent most Christians from becoming disciple-makers
- The three types of small groups and how to discern the type of group an individual is looking to join
- Five unique characteristics of an intentional discipleship Bible study

Disciple-Maker “Fear Factors” and Their Solutions

1.



“I have never been taught how to disciple another person or lead a Bible study.”

Solution

Advanced Training prepares you _____ others and _____ IDBS groups.

2.



“I don’t know the Bible well enough to disciple someone else.”

Solution

If you use the IDBS method of discipleship, you don’t have to be a Bible scholar. The _____ is in the _____ books.

3.



“Someone might ask me a question about the Bible that I wouldn’t be able to answer. That would be really embarrassing.”

Solution

Advanced Training will teach you how to keep the Bible study _____.

4.



“I don’t have 2-3 hours every week to study the Bible and prepare a lesson even if I knew how.”

Solution

You only need _____ - _____ minutes to prepare a life-changing IDBS.

5.



“If I lead a small group Bible study, I might lose control of the group. Someone might get the discussion off track and I wouldn’t know what to do. Someone could even get their feelings hurt in the process.”

Solution

You will learn how to lead the Bible study by using _____ principles that have been refined over _____ years of small group leadership training.

Disciple-Maker “Fear Factors” and Their Solutions

6.



“I’m busy already. If I began discipling someone and others wanted to join the group, or I led a small group that kept growing, what would I do?”

Solution

Advanced Training teaches you how to _____ and _____ new leaders from _____ the group.

7.



“I don’t want to be telling others how to live when I’m not perfect myself.”

Solution

No one is _____. Not even the original disciples. We must try to live _____ - _____ lives, but we must _____ Christ’s command to make disciples.

8.

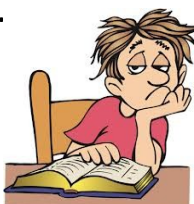


“If I started to disciple another person or I was leading a small group, I wouldn’t be able to leave. What if my schedule changed and I couldn’t continue? I wouldn’t want to let others down.”

Solution

You will learn how to _____ and _____ new leaders from _____ the group.

9.



“It doesn’t appear to be the priority for other Christians and some churches. If it was important, more believers would be doing it.”

Solution

We must _____ Christ’s command to make disciples. What others do with Christ’s command to make disciples should not _____ what we do.

10.



I am not a great speaker. I don’t think I could come up with enough interesting things to say.

Solution

With the IDBS process of disciple-making you don’t have to be a great speaker or teacher. You only have to follow a _____. The _____ is in the study books.

Small Groups Types

A. Fellowship Group



- Focus — _____ versus _____
- Lifespan — usually ____ - ____ months
- Bible study — _____

B. Affinity Group



- Focus — _____, _____, or _____
- Lifespan — Group continues as long enough members “dare-to-care”
- Bible study — _____

C. Bible Study Group



- Focus — Bible, Christian books
- Lifespan — _____
- Curriculum—The Bible usually, but they often migrate toward studying _____

Identifying Small Group Types

(self-study quiz)

You need to be able to recognize the type of small group a person is looking to join by what they say. Since many people think all small groups are alike and they naturally assume that you are planning to start the type of group they want to join, you'll need to listen to what they said to determine the type of small group they are looking for. Try to discern the type of small group an individual is looking for by reading the statements below. Write the type of small group (A, B, C) in the space provided.

A - Fellowship Group

B - Affinity Group

C - Bible Study

1. _____ I'm looking for a grief support group to help me get through the recent loss of my spouse.
2. _____ I'm looking for a small group where we study both the Old and New Testaments so I can gain a better understanding of the Bible.
3. _____ We're looking for a neighborhood small group to help us get to know other people in the church.
4. _____ My friend and I are looking for a Bible study class to help us become better mothers. After the class ends we are going to join another parenting group.
5. _____ Fellowship is important for spiritual growth, but we've learned it becomes a natural by-product in our small group when we study God's Word.
6. _____ In our "Families First" small group we talk about our families, sing, pray, and encourage one another. We have a Bible study most of the time.
7. _____ Everyone is learning so much in this Bible class on biblical stewardship. We all are planning to sign up for the next one.
8. _____ I'm looking for a group where we can have a time of sharing. I'm not looking for a group that just studies the Bible every week.
9. _____ I think our small group should adopt a cause, like helping the poor. Studying the Bible is good, but we also need to be reaching out to others.



Unique Characteristics of an IDBS group

Regular
Bible Study

IDBS

1

2

Objective

1

2

3

1

2

3

4

Leadership
Role

1

2

Focus

1

2

Outreach

Leadership
Development

1

2

3

4

Homework Assignment #1

Complete James lesson #1 without looking at the
Leader's Guide in the back of the book.